



# ENDEAVOUR

Pimpri Chinchwad Education Trust's  
**S. B. PATIL PUBLIC SCHOOL**  
CBSE Affiliated & NABET Accredited



VOLUME 2, ISSUE 3

Arise, Awake & Stop not till the Goal is achieved.

October 2017

## Independence Day Celebrations at S.B. Patil Public School

Pimpri Chinchwad Education Trust's S.B. Patil Public School, Ravet, celebrated the 71<sup>st</sup> Independence Day at its campus. The Vice Chairperson of Pimpri Chinchwad Education Trust, Mrs. Padma Bhonsale hoisted the Tricolour. The Trustee of Pimpri Chinchwad Education Trust, Mr. Bhaijan Kazi, Secretary of Pimpri Chinchwad Education Trust, Mr. V.S.Kalbhor, Executive Director Mr. Girish Desai, Principal of PCCOE Dr. Tiwari, Principal of S.B. Patil Public School Mrs. Madhubala Gairola, P.T.A. Members, the entire teaching staff and students were present for the occasion.

The function started with the Flag Hoisting Ceremony and National Anthem. This was followed by a march past by students of the senior classes. The School's Choir Group guided by their music teacher, Mrs. Sulochana Pawar presented a patriotic song. Two other songs were presented by the participating teams of the Inter- School Patriotic Song Competition guided by our music teachers Mr. Prathamesh Inamdar and Mr. Kuldeep Ghadge. Out of the three teams that had participated at the event – the team guided by Mr. Prathamesh Inamdar bagged the first position; competing with 49 other teams. Two songs were also presented by the Winning teams of the Intra –School Patriotic Song Competition this academic year. Some speeches were also presented by the following students:

1. Miss. Pragati Chowgule	(Std VIII)	-Speech in Hindi
2. Miss. Anushka Aloni	(Std X)	-Speech in English
3. Miss. Rajnanadini Sawalkar	(Std X)	-Speech in Marathi

In her address, Mrs Nirupama Kale called upon the students to follow and conserve the integrity and cultural heritage of our nation along with becoming capable representatives of modern India.

Our honourable Trustee Mr. Bhaijan Kazi, in his address – drew everyone's attention to the immeasurable contribution of not just the few known great names –but all adults, youngsters and even children – in the 90 year long freedom struggle right from 1857 – 1947. He called upon the students to value this hard-earned freedom and uphold the integrity and



pride of our country. He also highlighted the huge responsibilities upon parents and grown-ups in general and teachers in particular to shape a resourceful generation of professionals for future India. He specifically guided the students that nothing stands in higher priority than the dignity of our nation and our tricolor and therefore, students must endeavour to maintain the honour of the national flag by all means as a small sharing towards service to the nation.

The events were organized under the guidance of School Co-ordinator Mrs. Padmavati Banda, P.T. teachers Mr. Dhanaji Patil, Mr. Chandrakant Thombre, Mr. Shrikant Deshpande and Mr. Ramesh Nandal, Art teacher Mr. Sunnjoy Vispute, music teachers Mrs. Sulochana Pawar, Mr. Kuldeep Ghadge, Mr. Prathamesh Inamdar; Mrs. Nirupama Kale, Mrs. Rachana Sisodiya organized the proceedings of the celebration. C.C.A. in charge Miss. Swaleha Mujawar and the entire staff co-operated in the successful execution of the function. The function was compered by our students of Std X; Master Sharvay Tiwary and Master Prabal Mehrotra- guided by Mrs. Rachana Sisodiya. Master Sharvay Tiwary proposed the Vote of Thanks.

**Ms. Swaleha Mujawar**

## Our School Pays Tribute To Our Founder and Veteran Leader



S.B Patil Public School observed its Founder's Day (Shankar Rao Bajirao Patil Punyatithi) at its campus on 13<sup>th</sup> September, Wednesday 2017.

Principal Mrs. Madhubala Gairola, School Co-ordinator Mrs. Padmavati Banda, teachers and students were present for the occasion. Principal Mrs. Gairola and Co-ordinator Mrs. Banda performed the Traditional Pooja and paid homage to our revered founder. Our students presented prayer songs -guided by our music teachers Mr. Kuldeep Ghadge, Mr. Prathamesh Inamdar and Mrs. Sulochana Pawar. C.C.A. - in- Charge Miss Swaleha Mujawar delivered a speech giving information about the life and work of Late Shri Shankarrao Bajirao Patil.

In her address to the students; Principal Mrs. Madhubala Gairola made students understand that it is not merely remembering people like Late

Shri Shankar Rao Bajirao Patil or paying homage to them that matters; what is more important is that we try to learn and inculcate the humble and noble deeds and thoughts of such a great personality. She stated that after receiving education and more so - knowledge; it becomes the responsibility of the students to make a difference. It is not always the name of the school or the institution which should be raised in propaganda and slogans all around, rather, it should be our presence and behaviour that should reflect the ideals, practices and teachings imbibed by our School which make us different from the others. If at one time thousands of S.B. Patilians devote themselves wholeheartedly, then a massive amount of task force would become readily available for the service of the society and the nation; which would be the greatest and the most fitting tribute we could pay to our revered Founder Sir. Principal, Mrs. Gairola guided the proceedings of the event. School Co-ordinator, Mrs. Padmavati Banda and C.C.A in-charge, Miss Swaleha Mujawar arranged the proceedings of the event. Mrs. Prutha Vaidya, Mrs. Nirupama Kale and students of Yellow House along with our music teachers Mr. Kuldeep Ghadge, Mr. Prathamesh Inamdar and Mrs. Sulochana Pawar arranged the assembly for the day.



**Ms. Swaleha Mujawar**

## Teacher's Day Celebrations At S.B. Patil Public School

Pimpri Chinchwad Education Trust's S.B. Patil Public School celebrated the auspicious occasion of Teacher's Day at its campus on the 6<sup>th</sup> of September 2017. A special assembly was organized to mark the occasion. Principal Mrs. Madhubala Gairola, School Co-ordinator Mrs. Padmavati Banda, Pre Primary Co-ordinator Mrs. Shubhangi Kulkarni, all the teachers and students were present on the occasion.

The event began with the garlanding of the photograph of Dr. S. Radhakrishnan at the hands of Principal Mrs. Madhubala Gairola. This was followed by felicitation of the Principal, School Co-ordinator Mrs. Padmavati Banda and Pre Primary Co-ordinator Mrs. Shubhangi Kulkarni.

The Choir Group of our School and students of Std X - Master Viraj, Master Sanskar and Master Devesh presented some songs, applauding the significance of teachers. Students of Std X presented some foot-tapping dance performances on the occasion. A skit was put up by students of Std VIII, titled "Rowdies to Goodies" – which focussed on how a teacher alters the lives of students by bringing out the best in them. Master Prabal Mehrotra of Std X presented a very beautiful poem in Hindi about the great place a teacher has in a students' life.

School teachers Mrs. Nirupama Kale and Mrs. Rachana Sisodiya shared their experiences in the course of their teaching profession and also gave some tips to students as to how they could become successful in their lives.

In her address to the students, Principal Mrs. Gairola made the students understand that they need to be obedient towards their teachers and follow the instructions given by them. The best gift the students could give to the teachers is the gift of being obedient, hardworking and ultimately successful and resourceful citizens of the future. She remarked that teachers need not be the only ones who give formal education to students – anything that teaches something new in our lives could be regarded as a teacher. She further added that the significance of a teacher lies predominantly in the fact; as she quoted :- "If you wish to destroy a nation, destroy its education system."



Principal Mrs. Madhubala Gairola gave her guidance to the team on organising the celebrations. Co-ordinator Mrs. Banda and C.C.A-in-charge Miss Swaleha Mujawar and students of Std X arranged the proceedings of the event. Student of Std IX Master Sharvay Tiwary and Master Tanuj Sansare compered the session and also proposed the Vote of Thanks.

**Learning Outcome:** Students learnt the need to practice the ideals of great people and always be obedient towards their teachers.

**Ms. Swaleha Mujawar**

## एस. बी. पाटील पब्लिक स्कूल में हिंदी दिवस का उत्साह

## संस्कृत दिवस समारोह



पिंपरी चिंचवड एज्यूकेशन ट्रस्ट संचालित एस. बी. पाटील पब्लिक स्कूल, रावेत में १४ सिंतम्बर को राजभाषा हिंदी दिवस उत्साहपूर्ण वातावरण में मनाया गया। इस अवसर पर विद्यालय की प्रधानाचार्या श्रीमती मधुबाला गैरोला, पर्योदेशिका श्रीमती पद्मावती बंडा, सभी शिक्षक व विद्यार्थियों की उपस्थिति रही। कार्यक्रम के प्रारंभ में हिंदी भाषा विषय की शिक्षिका श्रीमती पूनम सिंह ने हिंदी दिवस मनाने के पीछे की

पार्श्वभूमि का विस्तृत वर्णन किया। संगीत शिक्षिका श्रीमती सुलोचना पवार के मार्गदर्शन में विद्यार्थियों ने हिंदी भाषा के महत्व को उधङ्करण करने वाला एक गीत प्रस्तुत किया। इसके पश्चात कक्षा सातवीं के छात्रों ने "शिक्षा का महत्व" इस विषय पर एक लघु हास्य नाटिका प्रस्तुत की। कार्यक्रम के अंतिम पडाव में छात्रों ने अनेक विषयों पर हास्य तथा व्यंग्य से परिपूर्ण कविताएं "हास्य कवि सम्मेलन" के माध्यम से प्रस्तुत की।

इस अवसर पर छात्रों को सम्बोधित करते हुए प्रधानाचार्या महोदया श्रीमती गैरोला ने हिंदी भाषा के महत्व पर प्रकाश डालते हुए हिंदी भाषा की भूमिका को स्पष्ट किया। उन्होंने यह भी कहा कि यद्यपि मातृभाषा और प्रादेशिक भाषा का महत्वपूर्ण स्थान है, फिर भी छात्रों को ज्यादा से ज्यादा भाषाओं का ज्ञान होना चाहिए। हमारा यह कर्तव्य बनता है कि हम अपनी राष्ट्रभाषा के व्यापक प्रचार व प्रसार में अपना सम्पूर्ण योगदान दें।

प्रधानाचार्या श्रीमती गैरोला ने कार्यक्रम के आयोजन के लिए विशेष मार्गदर्शन किया। पर्योदेशिका श्रीमती पद्मावती बंडा के सहयोग से विद्यालय की हिंदी भाषा विषय की शिक्षिकाएं - श्रीमती रचना सिसोदिया, श्रीमती दीपिका काण्णव, श्रीमती राजलक्ष्मी गुप्ता, श्रीमती पूनम सिंह, श्रीमती तृष्णा बृजवासी, श्रीमती चंद्रकला शर्मा ने कार्यक्रम का आयोजन किया। श्रीमती रचना सिसोदिया ने सम्पूर्ण कार्यक्रम का सूत्रसंचालन कर, आभार प्रदर्शन व्यक्त किया।

कु. स्वालेहा मुजावर शिक्षिका द्वारा प्रस्तुत विवरण

एस. बी. पाटील पब्लिक स्कूल में इस वर्ष संस्कृत दिवस समारोह के उपलक्ष्मि में संस्कृत सप्ताह का आयोजन हर्षललास के साथ किया गया। यह समारोह २८ अगस्त से लेकर ९ सितम्बर तक मनाया गया। संस्कृत सप्ताह दिवस के संपुर्ण कार्यक्रम का आयोजन



संस्कृत विभाग कि शिक्षिका श्रीमती दीपिका काण्णव एवं श्रीमती राजलक्ष्मी गुप्ता ने किया। स्कूल के सभी छात्रों ने इस पर्व को मनाने के लिए उत्साह दिखाते हुए स्कूल सभा में कई रंगारंग कार्यक्रम जैसे नृत्यनाटिका और संस्कृत काल्पनिक व उनके महान रचनाकारों के बारे में विस्तृत वर्णन प्रस्तुत किये। छात्रों के साथ शिक्षक गण भी इस समारोह में उत्साह के साथ शामिल हुए। छात्रों ने स्कूल को लेखाचित्रों व कलाकृतियों से सजाकर सुन्दर लिपि में कई महत्वपूर्ण श्लोकों का विवरण दिया। स्कूल सभा में गणपति अर्थर्शीर्ष का पाठ किया। स्कूल की प्रधानाचार्या महोदया श्रीमती मधुबाला गैरोलाजी ने संस्कृत भाषा के महत्व को समझाते हुए कहा कि संस्कृत हमारे राष्ट्र की कई भाषाओं की जननी है और यह हमें हमारी भारतीय संस्कृति और महान इतिहास के साथ जोड़कर रखती है। अतः हमें इस भाषा को उचित आदर देते हुए इसे समझना और पढ़ना आना चाहिए। संस्कृत भाषा शिक्षिका श्रीमती दीपिका काण्णव व श्रीमती राजलक्ष्मी गुप्ताजी ने छात्रों को समझाते हुए कहा कि भारतीय इतिहास से जुड़े कई महाकाव्य व धार्मिक ग्रन्थ इसी भाषा में रचित हैं और वे हमें हमारे जीवन के कई मूल्यवान तथ्यों व नैतिक मूल्यों का ज्ञान देते हैं। अतः हमें यह ध्यान रखना चाहिए कि संस्कृत भाषा हमारी भारतीय संस्कृति का ऐसा अनमोल मौती है जिसे हमें अपनी धरोहर और प्रतिष्ठा के तुल्य समझना चाहिए।

विवरण: श्रीमती दीपिका काण्णव

## Ardent Devotion and Gifted Intelligence Pay Off At Inter-School Geeta Chanting Competition

Our students had participated in the 17<sup>th</sup> Edition of the Geeta Chanting Competition, organized by Chinmay Mission, Pimpri Chinchwad Township. The event was conducted at our School Campus on the 23<sup>rd</sup> of September 2017. A total of 75 Students participated in the event meant for students of Std III – X. Our Principal, Mrs. Madhubala Gairola encouraged students to participate in the event. School Co-ordinator, Mrs. Padmavati Banda and Sanskrit Teacher, Mrs. Rajlakshmi Gupta successfully executed the proceedings of the event. The judges for the event were – Dr. Rajeev Nagarkar, Mrs. Veena Alate, Mrs. Sheela and Mrs. Meenal. The seven students who

qualified for the final round of the competition out of 75 were as follows:

- 1) Prisha Pawar (Jr. Kg.)
- 2) Mali Gaurav Nitin (Std III)
- 3) Saikar Aayush Rakesh (Std III)
- 4) Saikar Atharva Rakesh (Std VI)
- 5) Mali Darshil Umesh (Std IV)
- 6) Gokhale Rutuja Chandrashekhar (Std V)
- 7) Joshi Sanika (Std V)
- 8) Ghotavdekar Vedant Nitin (Std IV)

**Ms. Swaleha Mujawar**

## हिंदी कार्यशाला का आयोजन

हाल ही में एस. बी. पाटील. पब्लिक स्कूल के हिंदी विषय की अध्यापिकाएं श्रीमती रचना सिसोदिया, श्रीमती दीपिका काण्णव, तृप्ति बृजवासी और कुमारी शाहनूर ने जी.जी.इंटरनेशनल स्कूल में २२/९/१७ को सरस्वती प्रकाशन द्वारा आयोजित हिंदी कार्यशाला कार्यक्रम में भाग लिया। यह कार्यशाला काफी प्रभावशाली थी। इस कार्यशाला को दिल्ली पब्लिक पाठशाला के वरिष्ठ अध्यापक श्री विनोद प्रसून ने प्रस्तुत किया। कार्यशाला में विभिन्न पाठशालाओं के अध्यापक, अध्यापिकाओं ने भाग लिया और अपने अनमोल अनुभवों द्वारा सभी का मार्गदर्शन किया। उन्होंने हिंदी भाषा और व्याकरण पढ़ाये जाने के विभिन्न सही तरीकों, त्रुटियों, और अपने-अपने सुझावों को प्रस्तुत करते हुए इस विषय को प्रभावशाली ढंग से पढ़ाये जाने पर चर्चा की। कार्यशाला से सभी अध्यापकों को अपने विषय के बारे में महत्वपूर्ण जानकारी प्राप्त हुई। यह कार्यशाला भविष्य में अध्यापकों व छात्रों के लिए बहुत उपयोगी सिद्ध होगी। कार्यशाला की मदद से वर्तनी शुद्धी, अशुद्धी, वर्तनी में परिवर्तन जैसी अनेक महत्वपूर्ण जानकारियाँ प्राप्त हुई। साथ ही जॉच प्रक्रिया पद्धति पर भी प्रकाश डाला गया। भविष्य में भी अगर इस प्रकार की कार्यशालाओं का आयोजन किया जाए तो इससे सभी हिंदी भाषियों का लाभ होगा।



तृप्ति बृजवासी  
हिंदी अध्यापिका

## शिक्षिका की लेखनी से

समस्या और समाधान परिस्थितीयों के दो नाम हैं, जो कि दर असल एक ही सिक्के के दो पहलू हैं। हम आये दिन इन दोनों परिस्थितियों का सामना करते हैं। इसे और आसान शब्दों में कहें तो समस्याओं को सुलझाना ही जीवन है। अमूल्य समाधान तो हम अपने अनुकूल, जब कि समस्या को प्रतिकूल मानते हैं। लेकिन कुछ लोगों के लिए ये दोनों दशाएं एक सी होती हैं। उनका जीवन हमें सहज सरल और आसान प्रतीत होता है। समस्या से दूर रहने का सबसे बेहतर उपाय उनका समाधान प्राप्त करते चलना है। समाधान के लिए पहल करना जरूरी होता है, जो कि विद्यार्थियों के लिए अपेक्षाकृत आसान होता है, क्योंकि जीवन के इस पड़ाव में जिम्मेदारी का भार कम और पहल करने के अवसर सर्वाधिक होते हैं। इस दैरान जिन गुणों और आदतों का विकास हो जाता है, तात्पुर उन का लाभ लेना आसान हो जाता है।

इस समय आप किसी समस्या को देखने के विभिन्न जरिये विकसित कर सकते हैं। समस्या के उपयुक्त समाधान के लिए साहस, धैर्य, और दृढ़ इच्छा शक्ति की जरूरत पड़ती है, और इन तीनों का विकास छात्र जीवन में आसानी से किया जा सकता है। कई बार हम समस्याओं का समाधान करने के बजाय उस से जूझने लगते हैं, जिससे हमारा बहुमूल्य समय बर्बाद हो जाता है। समस्याओं के समाधान और जूझने के बीच एक महीन अंतर होता है, जिसे समय रहते भांपना जरूरी होता है। कई समस्याएं तुरंत समाधान की मांग करती हैं, जब कि कुछ समस्याओं को कुछ समय के लिए टाला जा सकता है। पिछे यह भी जरूरी नहीं है कि हर समस्या का समाधान हमें तुरंत ही सूझ जाए। समस्या के समाधान प्राप्त करने के लिए जितने भी प्रयास हो सकते हैं, उससे कभी किसी कारण से हिचकिचाना नहीं चाहिए।

मसलन, अपने वरिष्ठों और कनिष्ठों से मशविरा करना, समस्या पर अलग अलग तरह से सोचना आदि। इस प्रकार हम न केवल अपने वर्तमान लक्ष्य को शीघ्रता शीघ्र प्राप्त कर सकते हैं, बल्कि हम अपने आगामी जीवन को भी महापुरुषों कि भाँति ही उत्कृष्ट प्रदान करते हुए सीधा और सहज बना सकते हैं।



हिंदी शिक्षिका  
रचना सिसोदिया



## Teachers get trained on 'Effective Classroom Teaching'

Our School had conducted a 2-day Orientation Session on Teacher Empowerment for its entire teaching staff on the 19<sup>th</sup> and 20<sup>th</sup> of August, 2017.

The main focus of the training was Effective Classroom Teaching. The session was organised by our School in association with Vinora Educational Consultancy Services. The expert trainer was Mr. Ajay Sharma, who guided our teachers in the various aspects of sharpening our skills as teachers, in providing a conducive atmosphere in the classroom, equipping ourselves with student-oriented teaching techniques, understanding our students to the core; before embarking upon the routine academic procedures etc. All our teachers actively participated in the group activities; put up by Mr. Sharma – and they could get first-hand experience as what role they could play in making classroom teaching effective and classroom learning interesting.

Our Principal, Mrs. Madhubala Gairola guided the organising of the training sessions.

School Co-ordinator, Mrs. Padmavati Banda organised the proceedings of the session. C.C.A-in-charge, Miss Swaleha Mujawar introduced the expert trainer for the session and also proposed the Vote of Thanks.

## Students Deliver A Message of Peace



In an endeavour to spread the message of peace and tranquility on the occasion of International Day of Peace, our School had organized a Peace Rally for its students on Thursday the 21<sup>st</sup> of September covering the school's nearby vicinity.

At the onset of the rally, C.C.A-in-charge, Ms. Swaleha addressed the students about the purpose of arranging a peace rally especially for them. She mentioned that as students, it would be very worthwhile for them to make society members aware about how important peace is in today's world and how they could take the opportunity to demand nothing but a peaceful world for the future. Our Principal, Mrs. Gairola made the students understand that the most important form of peace in today's world is the peace of mind. Until and unless our minds are stable and peaceful; we are unable to overcome the conflicts going on within us, and hence expecting and imagining a peaceful world outside would be a waste. Our students were taken to a nearby vicinity of Akurdi Railway Station by the School bus. Thereafter, they walked up to the Engineering College Campus, raising slogans about maintaining peace and observing the value of harmony in individual and social life. They also distributed handmade smileys to people they met on the way – which carried the message of importance of peace to sustain a harmonious human existence on earth.

Earlier in the day, a special assembly was organized to mark the day. Our student Master Varun Desai gave a speech about the importance of maintaining peace in today's world by overpowering all anti-social and anti-human elements from the globe. Our students of Std. VIII put up a dance performance based on the song "Peace is important."

Our Principal, Mrs. Madhubala Gairola guided the organization of the event. School co-ordinator, Mrs. Padmavati Banda and C.C.A-in-charge, Ms. Swaleha Mujawar arranged the proceedings of the event. Our teachers Mrs. Vandana Sangle, Mr. Kuldeep Ghadge, Mrs. Deepika Kannao and Mr. Ramesh Nandal accompanied the students for the rally. Blue House and Green House teachers Mrs. Praveena More and Mrs. Darshana Kamat organized the assembly for the day.



Ms. Swaleha Mujawar



## Swachh Bharat, Swasth Bharat! Clean India-Healthy India

Let good sanitation be a part of our education,  
Indulge not in littering and public defecation.  
If cleanliness is really next to Godliness,  
Then let cleanliness be our main business.  
If future generations are to a clean India witness,  
Then much needed now is spreading of awareness.  
Tourists come to India wise, wealthy  
and healthy;  
Let us not send them back sick, upset  
and filthy!  
India's honour, pride and image - to  
maintain,  
Roll on a war footing Swachh Bharat  
Campaign!  
Clean India is not just a Great Idea!  
Clean India means a Healthy India!



**Mohana Singh**  
Pre-Primary Teacher

## Effects of River Pollution

Water is a vital and essential part of our lives and rivers are a source of fresh water. We need fresh water for our daily needs of drinking, washing, bathing etc. Rivers are God's Gift to us from nature and in today's world people do not realize the importance of this precious natural resource. Especially during the time of our Indian festivals like the Ganpati festival and the Durga puja, we can see a lot of water pollution being done in the name of God. We don't realize that we are ignoring our responsibility towards our environment. During the visarjan or the last day of the festival, thousands of idols of the gods are immersed in the flowing river water. Not only that but a lot of waste from the puja, plastic waste, colours, ash, eatables and other solid waste are also submerged along with the idols. All this creates water pollution.

As the Ganpati festival was celebrated recently and now it is the time of Durga puja, I would like to spread this message that we should stop celebrations in this manner and save our rivers and Mother Nature.

We must devise ways to celebrate the festival in an ecofriendly way. We should use natural clay idols of puja called (shadu) for immersion, so that it dissolves with water easily. The other solid waste like thermocol and decoration shall be put in the Nirmalya Kalash( pot for submersion after puja) instead of submerging it in the river.

This will keep our Mother Earth and our friend Ganesha always happy!!!



**Aditi Abhijeet Patil**  
IV C



## Clean India Green India 2020 S.B. Patil's Cleanliness Drive



Our School had conducted a Cleanliness Drive on the 2<sup>nd</sup> of October, 2017 - to commemorate the birth anniversary of the Father of our nation, Mohandas Karamchand Gandhi, known to us as 'Mahatma Gandhi'. The initiative was taken up by one of our teachers; Mrs. Varsha Deshmukh and four other teachers volunteered in the activity; wherein a total of 11 students also made active participation. They visited Shinde Vasti, a down-trodden area in the vicinity of our School and had an interaction with the children residing there. Our students asked them various questions about the hygiene and sanitation facilities available to them. They made the residents understand the importance of hygienic habits and also offered to support in providing the necessary facilities on behalf of the School. Students Ms. Mitali Kapure and Ms. Pranjal Patil shared their experiences about the activity, during the School Assembly held next day – wherein all the participants were applauded by all – for the commendable job which they had done while sacrificing a day's holiday.

We all know about this nationwide mission of Clean India Green India 2020. Let us all not forget that cleanliness is a vital prerequisite for a healthy and peaceful well-being of all mankind. Also, this mission is not only to spread awareness about hygiene and keeping our surroundings clean but also to show to the world that we Indians are capable enough to make our country as beautiful, free from pollution, uncontaminated and worth living, as any other developed nation of the world. We all should take pride in our nation's unique unity in diversity, heritage and history. We all can and should join hands together to make this mission successful. Keeping this in mind, our school had tried to do its bit by taking part in the campaign to spread the message that we being the responsible citizens of our country, will make our surroundings clean and green, pollution free, hygienic and healthy and spread this message across to encourage all the citizens to be a part of this campaign and make our nation proud.

The students also spoke to the area welfare officer and complained about the difficulties the residents have to face due to the unpleasant and polluted surroundings and called for a quick action to resolve these problems, which may lead to disease and infections. Our Principal, Mrs. Madhubala Gairola appreciated the work done by students and teachers- commemorating the auspicious occasion of 2<sup>nd</sup> October. She mentioned that not only did the activity help in bringing about awakening among our fellow citizens regarding cleanliness and hygiene –it also highlighted that we at S.B.Patil inculcate all requisite values and skills of life in our students – not merely in words and diktats –but in vivid practicality.

Teachers who actively participated in the drive:

1. Mrs. Varsha Deshmukh
2. Mrs. Anita Nikam (Pre- Primary Section)
3. Mrs. Sapna Pagar (Primary Section)
4. Mr. Kuldeep Ghadge (Primary Section)
5. Mr. Dhanaji Patil ( Secondary Section)

Students who enthusiastically participated in the drive:

1. Master Jay Nikam
2. Miss Shruti Nikam
3. Master Anant Pagar
4. Master Rutvij Chintalwar
5. Miss Shruti Mali
6. Miss Aishni Tiwary
7. Miss Pranjal Patil
8. Miss Mitali Kapure
9. Miss Shravani Bhujbal
10. Master Samarth Patil
11. Master Ashwin Panicker

We thank the entire team of the Eco club, for organizing this useful drive on the day of Mahatma Gandhi Jayanti to make people aware of their responsibility towards the mission of Clean India Green India 2020!



**Ms. Swaleha  
Mujawar**

**Mrs. Anjali  
Gugale**

## Students Pledge to Safeguard the Environment



We, at S.B. Patil Public School, always endeavour to imbibe upon our students; such values and ideals that not just add to fill up documented records- but carry practical implications so as to create responsible and sensitive citizens for the future. Concern for environment and natural resources is one such value that we train and prepare our students for.

With this in view, our School had organised an Oath-Taking session for our students of Std VIII - X; on the 3<sup>rd</sup> of October

2017. Our Principal Mrs. Madhubala Gairola, School Co-ordinator, Mrs. Padmavati Banda, two guest visitors from the Environment Conservation Association - Mr. Govind Chitodkar and Mr. Vinay Mone, teachers and students were present for the occasion. Our student of Std X Master Sharvay Tiwary read out the oath, which was repeated by everyone present. Our guest visitors - Mr. Chitodkar and Mr. Vinay Mone made students aware about the aggravating situation of pollution and the need to curb it. They mentioned that it was the fundamental responsibility of everyone to work towards saving a clean and green earth for the future. Addressing the gathering, Principal Mrs. Gairola extended a warm note of acknowledgement towards our guest visitors - for taking up the task of imbibing concern for a pollution-free environment while celebrating festivals; alongside causing awakening among the younger minds about the alarming rate of depletion of natural resources (especially water bodies) and making them aware about the urgency to save these.

The organisation of the Oath taking session was guided by our Principal, Mrs. Gairola.

School Co-ordinator, Mrs. Padmavati Banda and Eco-Club-in-Charge, Mrs. Varsha Deshmukh conducted the proceedings of the session. Mrs. Varsha Deshmukh introduced the guests for the session and also proposed the Vote of Thanks.

**Reported by**  
**Ms. Swaleha Mujawar**



## What will I do for a Clean India?

Swachh Bharat Mission or Swachh Bharat Abhiyaan is a campaign launched by our Prime Minister, Narendra Modi as a nationwide cleanliness drive. It is implemented to fulfill the vision and mission of clean India by 2020. It was launched especially on the birth anniversary of Mahatma Gandhi as he dreamed of and was very keen to make the people of India learn the importance of "Swachh Bharat" and practice cleanliness in their everyday life. In his life time, he tried motivating the people to keep their surroundings clean in his various campaigns. He called for a nationwide mission to make India clean by developing habits and practices of cleanliness. He encouraged people to clean their houses and surrounding on their own without any help, so that we develop habits of living in a healthy and clean environment. However, despite his continuous efforts to make people understand this in his lifetime, we all know that people in India have not followed his example.

The government, having following his example, has again started this mission on 2nd October, 2014. The 145<sup>th</sup> birth anniversary of Mahatma Gandhi, it has envisioned to make the dream of Clean India come true in the next five years, till his 150<sup>th</sup> birth anniversary. It is a big challenge for all the citizens of India. It is only possible if each and every citizen of the country realizes the importance of this mission and works hand in hand towards making it a success.

Many famous personalities have joined hands together to spread awareness about the program. For example, in order to ensure cleanliness, U.P chief minister, Yogi Adityanath, has banned chewing paan, gutkha and all tobacco products in the offices all across Uttar Pradesh in March'17. People in our country spit and litter on the roads and make their surroundings dirty and polluted by throwing garbage etc. which can lead to many infectious diseases like diarrhoea, dengue etc. I take a pledge to spread awareness among the people around me to develop healthy and clean habits and keep their homes and surroundings clean.

My message to all the citizens of the country is that we all should join hands together to make the Swachh Bharat Mission 2020 successful.



VII A

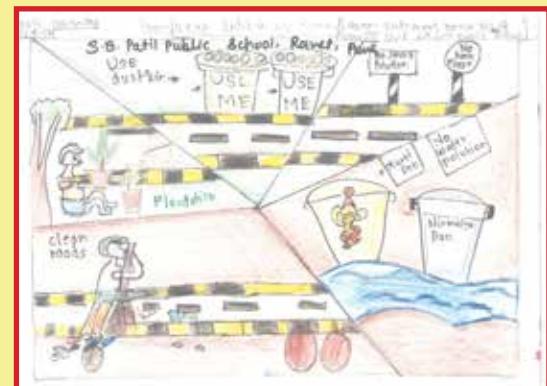
## Nature is Everywhere



Nature is everywhere you go  
Its everything that lives and grows,  
Animals, plants  
Big and small  
Nature is trees that grow so tall  
Nature is beautiful in every way  
Wonderful, blissful  
That needs our care  
So, listen, learn and do your part,  
To keep nature forever  
in your heart.



**Sonali R. Honparkhe**  
**IV A**



**Indraneel Bankar Class III**



**Sanchi Valase Class II**



**Vedant Pankaj Class III**

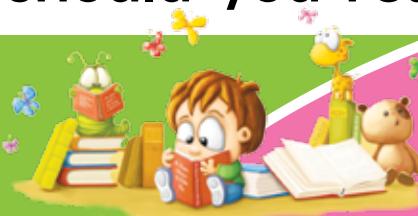


## Which book should you read?

### Earth: The Mini Encyclopedia



**Dhawal Chaudhari**  
V C



### Book Review of The Month

Wow! What a book! We can learn about our Earth and its history from it. There are so many things to learn about our home planet like, the types of rocks, minerals, glaciers, icebergs, types of volcanoes, right from the core of the Earth to its crust. I liked the book very much and would recommend it to everyone.

"How I taught my grandmother to read" is a story showcasing the pure and warm relations a grandmother and her grand-daughter share. The grand-daughter Sudha is very fond of her grandmother and both are very close to each other. The Grandmother is addicted to the story of "Kashi Yatra", a series of articles published in a weekly newspaper. The grand daughter and authoress, Sudha reads this story every week for her granny. The grandmother visits the nearby temple every day and discusses the weekly episodes of the story with her friends. Now, Sudha encourages her to learn to read and write and becomes her 'guru'. Grandmother shows intense determination and learns to read and write. Her study is completed on the day of Vasant Panchami, and granny blissfully gifts Sudha a frock and touches her feet. The story happily ends this way, leaving its readers with heartfelt joy and fulfillment. This heart touching story is written by Mrs. Sudha Murthy and, the character Sudha is none other than she herself. She is a social worker, teacher and a bestselling author.



**Saloni Kharche**  
VIII B

### Silvermist and The Ladybird's Curse

Silvermist, she is the calmest water – talent fairy around. But, when an "unlucky" white ladybird lands on Silvermist's head, her orderly world goes topsy-turvy. She's never been the type of fairy to lose things and have accidents or make mistakes...until now. This book made me feel amazing and that's why I loved the book.

**Krishnali Pawar**  
VI B



### 'Scribido Campus' Journalist of The Month

Respected Narendra Modi Sir,  
My name is Aman Rajkumar Bhoge. I study in IX class of S.B. Patil Public School, Ravet, Pune.

Being an enthusiastic and active citizen of India, I would like to emphasize on some very important and curious questions that I have in my mind. These questions keep clicking in my mind. I hope it may touch your heart too. India is one of the most flourishing and fast developing countries of the world. The culture of India is practiced in many foreign countries and adopted by many people across the world. India is one of the most technologically advanced nations of the world with intellectuals and scientists who have contributed immensely to the progress of mankind.

But still, why and till when will India be called a developing nation? Why are billions of people still below the poverty line? When will the time come when nobody in our country will go hungry and get all the basic amenities.

I have heard people defining and commenting about the beautiful places and amazing holiday destinations in India, by saying, "When you visit this place (any beautiful place in India), you will not believe that it is our country India." I wonder why people talk like this about their own country. Do they feel that India is a country with uneducated and poor people? Of course not! Didn't we have a prosperous and rich past of glory and majesty? Shouldn't we feel proud about that? A precious heritage and honour that we all have possessed and should protect by not just commenting about unpleasant things around us and rather doing something fruitful to make our nation proud.

There are forts, temples, architectural geniuses like the Taj Mahal, Sun Temples, Jantar Mantar, Ajanta, and Ellora cave paintings and many other historical accounts and sources of the history of our nation which tell us the story of a glorious and majestic past which we all possess and cherish.

My submission is that people should realize the value and importance of self-worth, our nation's worth and potential assets of our country. They should believe in themselves and try to make a change, if they should make efforts to make India progressive and worth living. As a student, I feel that we should not keep a wish to settle abroad and discourage people from moving abroad for a better life as they can get the same, in their own mother country. We all know that because of Brain Drain, many intellectuals leave the country for a better life, which costs us our well being and happiness of living together with our families and loved ones.

I feel it is a boon to live in a country where we can have unity in diversity and enjoy being a part of so many cultures and religions by celebrating various festivals, fasting and feasting together.

People all around the world have different talents, from sports and games to technology and IQ. We all have the potential to succeed in anything. We should take pride in being a citizen of our country. We should dump the discrimination based on caste, creed, and religion and come and live together unanimously with a sense of belonging to our glorious nation. I end my letter with a famous thought, that says, "If you want to walk fast, then walk alone, but if you want to walk far, then walk together." I feel that we all should walk together and the time will surely come when India will become the best country in the world!

**Yours Sincerely, Aman Bhoge**



**Aman Bhoge**  
IX A



## Voracious Reader of The Month

Everybody knows that books are man's best friend. I truly believe in this statement. A book that changed my life is "Bokya Satbande" written by Dilip Prabhavalkar. This book had taught me about how to handle people in a positive and clever manner. It teaches everyone that how to be quickwitted and have a sense of humour. In this book "Bokya" (Chinmayanand) helps the people who are poor and needy. I have read all the books of Bokya Satbande. This book has a lot of funny things and tricks to tackle situations in an easy way. Bokya is a very intelligent boy who does many adventures and mischiefs in his day to day life. Thus, what I mean to say is that everyone should be clever and wise and have a sense of humour. His father and mother are very proud of him as he is an intelligent and clever boy who helps everyone. This book has really changed my life. First I used to be scared of others as I felt they were smarter than me, but now I have learnt to handle them in a simple and easy way. The author Dilip Prabhavalkar is my favorite and this book is also my most favorite.



**Advait  
Sahastrabuddhe  
VIII A**



## Sports Stars of Zilla Parishad Matches 2017-18

S.B. Patil Public School students participated in many Inter-School Sports Matches organized by the Zilla Parishad of Pune. Following is the list of category-wise winners participants from our school in different sports matches:

Sport/Game	AGE GROUP	Rank of Students
HANDBALL	Under-14 GIRLS	III
HANDBALL	Under 14 BOYS	IV
CHESS	Under -17 GIRLS	IV
JUDO	Under -17 BOYS	I (WEIGHT CATEGORY)
JUDO	Under -17 BOYS	III (WEIGHT CATEGORY)
ROLLBALL	Under -14 BOYS	IV
SWIMMING	Under -14	II
ACROBATICS	Under -19 MIX PAIR	I
	Mains Pair	II
	Women pair	I
	Mains group	I
	Women Trios	I
	Mix Pair	I



### Handball match - Z.P level -IV Rank – Class VIII

Under-14 boys - Held on 29 <sup>th</sup> August	Under-14 girls - Held on 26 <sup>th</sup> August
Sarvesh Shantanath Rajoba	Maithili Vijay Maid
Humaid Rizwan Shaikh	Diya Mukesh Siroya
Arjun Pankaj Ahire	Harsha Sewlani
Vedant Yogesh Shirolkar	Shivany Sonar
Vepul Sanjay Patil	Nandini Sudhakar Dhuri
Borhade Ayush Dattatray	Rajlaxmi Sanjay Jamdade
Tejas Nilesh Sumbe	Ritu Motilal Choudhary
Barne Prasanna Anil	Shekhawat Neha Vikram Singh
Jadhav Om Vijay	Kasar Aishwarya Bharat
Jagtap Aaryan Ranjeet	Ajgar Tanaya Milind
Lawand Ranjeet Ganesh	Singh Khushi Bhagat
Bhalke Prathmesh Sandip	Bodke Vaishnavi Navnath
	Swami Asmita Sunil

Chess - Z.P level -IV Rank – Class VIII	
Kulkarni Varada Rajiv	31 <sup>st</sup> August
TAEKWONDO - Z.P level -- Class VI – held on 6 <sup>th</sup> Sep	
Shaikh Soha MohhamadHabib	3 <sup>rd</sup> rank
Kushawah Ayushi Ramnarayan	3 <sup>rd</sup> rank
JUDO U-17 BOYS - Z.P level – Class VIII - held on 8 <sup>th</sup> Sep	
Rutik Rajendra Bhondve	1 <sup>st</sup> rank
Jha Sudhanshu Kumar	3 <sup>rd</sup> rank
SWIMMING U-14 BOYS - Z.P level – Class VII - held on 10 <sup>th</sup> Sep	
Sangale Tejas Arun	2 <sup>nd</sup> rank

ROLLBALL U-14 BOYS - Z.P level IV rank – Class VIII - held on 19 <sup>th</sup> Sep	
Sail Yash Satish	Patil Rudra Sanjay
Borhade Ayush Dattatray	Sirpor Ritesh Bhimraj
Lawand Ranjeet Ganesh	Lembhe Anuj Ashok
Thakur Krishna Vijay	Shikalgar Shaheed Shakil
Suryawanshi Dhruv Govind	Sisodiya Aakash Pradeep
Bhalke Prathmesh Sandip	Doiphode Satyam Anil

Acrobatics - Z.P level -Ist Rank – Class VIII	
Under-19 boys - Held on 11 <sup>th</sup> Sep	Under-14 girls - Held on 11 <sup>th</sup> Sep
Rutik Rajendra Bhondve	Maithili Vijay Maid
Nandkishore Subhash Lokhande	Patil Kalyani Hemant
Arjun Pankaj Ahire	Chougule Pragati Anil
Jadhav Om Vijay	Kurre Saatvika
Kanojiya Harsh Vijay	Jadhav Apurva Goraksh
Anushe Aayush Avinash	Jadhav Shreya Pradip
Chaudhary Abhishek Motilal	



**Shrikant Deshpande – Sports Teacher**



## Anish Comes Third At Madhugandharva



Our student Anish Abhijeet Khadamkar from class VIII - B, participated in the "Madhugandharva", Swargya Shri Mangesh Tendulkar Smruti Prityartha Drawing Competition and won laurels for our school by securing the 3rd position with Rs. 500 cash prize. This competition was held on 17<sup>th</sup> October'17 in the Virsavarkar Udyan, in Pradhikaran, Nigdi, Pune. There were total 250 participants (Junior and Senior). Many congratulations to Anish! Keep it up!

**Mrs. Anjali Gugale**  
Teacher



याद माँ की जब भी तड़पाती रही।  
माँ उसी दिन सपना बन आती रही।  
हम ने चाहा भूल जाएँ माँ को हम,  
दिल में बसकर याद माँ आती रही।  
चोट कैरी भी लगी, पर दर्द में,  
हर चोट को, माँ आ के सहलाती रही।  
उम्र बढ़ती गयी, बढ़नी ही थी,  
बच्चा समझ के माँ तो समझाती रही।  
रुठकर आँखों से जब नीद गायब हो गयी,  
पास आ के माँ, सर को सहलाती रही।



ऋतू शिंदे  
VI A

## पोपट

माझे नाव मिठू,  
बोलतात मला,  
ख्राऊ घालतात मला कैरी  
पण खायाची असते मला लाल मिरची  
हिरवे - लालपेठ,  
खायाचे असतात मला बसूब  
पण बसायला झाड तर पाहिजे  
की आम्ही पण, टेबलं- खुर्चीच घेऊ?  
उंच उडायाची माझी इच्छा,  
पण करुन ठेवले आहे मला कैदी  
प्रकार माझे खूप छान,  
पहाडी राजठीसारखी भरपूर महाज  
विदेशात पण आहे मला माजान,  
पण मकावसारख्या,  
माझ्या सख्या सोबत्यांना कैदी ते करतात,  
सर्कस मध्ये काम ते करवतात  
श्रमाच्या फळात त्यांना भेटत एकच फळ  
तुही सांगा मित्रांनो तुमचं पोट भरेल का एकच फळात?



मिताली कापूरे  
VII B

## S.B Patil conducts 'Refresher Training' on Road Safety Awareness for its Bus Drivers



Road Safety is a key concern area for both the Government and the people on Indian roads. We all know that safe driving today requires a higher level of confidence and competence, given the poor traffic planning, increasing number of vehicles, and lack of professionalism in driving and untrained drivers on road.

Keeping this in mind and in a bid to address the above mentioned issues, S.B. Patil Public School conducted refresher training in association with Wonder Cars Pvt. Ltd, Maruti Driving School, for our school bus drivers and the attendant maids on 29<sup>th</sup> July'17 to promote safe driving.

Safety of our students and staff is the first and foremost priority. Our school keeps a check on this and conducts these trainings regularly to ensure a safe and comfortable environment for all.

The trainers gave valuable information to the drivers and attendant maids to ensure that they keep a check on all required safety measures while in the bus. They also shared some examples and audio visual clips to bring to their notice the consequences of negligence with safety.



**Mrs. Anjali Gugale**  
Teacher

## DevFest Pune's Biggest Developers Conclave

On 7<sup>th</sup> October, 2017, I had the privilege of attending a summit with my friends Himanshu and Nrupshambhu. It was a Developers Conclave organized by Google Developers Group, Pune. The venue was Dewang Mehta Auditorium,

Persistent Systems Ltd. There were total seven sessions, each one with a different topic. The first one was about a man Akhil Gupta who created a website called as NoBroker.com. He told us about everything that happened in his life because of his project. He also told us how to make a successful app. There were other sessions on leadership and mindsets also. After a number of lectures, we had a lunch break. I was very excited to create a new app which was not possible. So, at the moment I started to discuss about it with my friends.

The next session was on Data Science conducted by Satish Sir. It was absolutely amazing, the way he taught us and made us understand everything. There were many more sessions on the Funding, Angular, Kotlin, etc. After all sessions were done, goodies were provided to everyone who had commented about the event on social media.

At the end of the session, a surprise was awaiting us. Just as we were about to leave, the Google Developers Group called us on the stage for a group photo as we were the youngest developers over there.

I was very inspired by the speakers and thought of making apps as soon as I reached home but the exams stopped me from doing it. I am planning to create an app soon. Will keep you all posted. I thank the school for this amazing opportunity.

**Shardul Nalegave**  
VII A



## Importance of Self-Discipline

What is discipline ? It refers to the good quality of behaviour all of us should posses. It implies a restrained way of work.

Discipline can be of two types:

1. Externally imposed by our parents, teachers, school, society etc.
2. Internally by one's ownself which is also the ability to control yourself and to make yourself work hard or behave in a particular way without any external input.



Self discipline is exercised by one's own mind over our thoughts, emotions and actions. Perseverance and tenacity which is the denial to give up, resilience - ability to bounce back after failure, avoiding temptation and distractions, constancy of purpose and concentrated efforts are some examples in which self-discipline is reflected.

It helps us to face everyday challenges of life easily and pursue our decision irrespective of the outcome. The success of any task directly depends on self-discipline. Successful personalities like sportsmen, entrepreneurs, leaders and other professionals are adept at exercising self-discipline.

It is quite obvious that self-discipline is of paramount importance in our life. Are we born with it or can it be developed? Surely, it can be developed by understanding the importance and benefits of self-discipline, developing awareness about our thoughts, emotions and actions by developing positive thoughts and good deeds.

Now, I hope the concept and importance of self-discipline has been thoroughly understood by all of us. Hence, we should put conscious and constant efforts to imbibe self-discipline as an integral part of our personality.



**Nrupshambhu Sarnobat**  
**VII A**

## Positive Attitude is the Key to Success

One thing that makes an incredible difference to your life is your attitude.

A Positive Attitude Leads to Success and Happiness.

Now what exactly is Attitude? - Attitude is basically how one assesses on factors like people, objects, issues or events. They could either be positive or negative, that depends on how one views the situation. It has been learnt that there are several components that makes up a person's attitude.

A positive attitude helps you cope more easily with the daily affairs of life. It brings optimism into your life, and makes it easier to avoid worries and negative thinking. If you adopt it as a way of life, it would bring constructive changes into your life, and make you happier, brighter and more successful. With a positive attitude you see the bright side of life, become optimistic, and expect the best to happen. It is certainly a state of mind that is well worth developing.

Positive attitude manifests in the following ways:

- Positive thinking.
- Constructive thinking.
- Creative thinking.
- Optimism.
- Motivation and Energy to do things and accomplish goals.
- An attitude of happiness.



A positive frame of mind can help you in many ways, such as:

- Expecting success and not failure.
- Making you feel inspired and highly motivated.
- It gives you the strength not to give up, if you encounter obstacles on your way.
- It makes you look at failure and problems as blessings and consider them as an opportunity for improvement.
- Believing in yourself and in your abilities.
- Enables you to show self-esteem and boost confidence.
- You look for solutions, instead of dwelling on problems.
- You see and recognize opportunities.

A positive attitude leads to happiness and success and can change your whole life. If you look at the bright side of life, your whole life becomes filled with light. This light affects not only you and the way you look at the world, but it also affects your environment and the people around you.

If this attitude is strong enough, it becomes contagious. It's as if you radiate light around you.

Negative attitude says: you cannot achieve success.

Positive attitude says: You can achieve success.

If you have been exhibiting a negative attitude and expecting failure and difficulties, it is now the time to change the way you think. It is the time to get rid of negative thoughts and behaviour, and start leading a happier and more successful life. If you tried to do so in the past and failed, it only means that you have not tried enough.

How to develop a Positive Attitude? -

1. Choose to be happy. Yes, it is a matter of choice. When negative thoughts enter your mind, just refuse to look at them, doing your best to substitute them with happy thoughts.
2. Look at the Bright side of life. It's a matter of choice and repeated attempts.
3. Choose to be optimistic.
4. Find reasons to smile more often. You can find such reasons, if you search for them.
5. Have faith in yourself, and believe that the Universe can help you.
6. Associate yourself with happy people.
7. Read inspiring stories.
8. Read inspiring quotes.
9. Repeat that inspiration to motivate you.
10. Visualize only what you want to be - not what you don't want.
11. Learn the thoughts you want to discover.

Attitudes get formed from experience. They are formed over the years either from observation or from experience. They can be learned in a variety of ways. Even a simple advertisement could influence you and may even have a change on your thoughts about a particular product. This kind of attitude formation is known as classical conditioning. Another kind of conditioning is the Operant Conditioning where the attitude develops from other people's thinking. Sometimes people around us could make an impact on our behaviour and change ourselves. And finally attitudes could be developed by observing people around us. A simple example of this kind of attitude development is, kids trying to be what their parents are. This is just observation and imitation, that develops into an attitude later.

Attitudes could be changed in two ways. Either they get motivated or they get influenced. In both the ways they do think about the messages that they have observed and this could mark a difference in their way of thinking. Scenarios in life could be made good or worse, based on one's attitude to the situation. Even if you are in a very bad situation, and you hold a positive attitude, you may come out, however even if you are in a moderate situation and you hold a negative attitude, you could worsen the situation and create discomfort not only for you, but for people around you.

In short, Attitude is like a Magnet. Possessing good Attitude attracts all positives in your life and Bad Attitude attracts all negatives in your life. It is you who decides what you want and could change accordingly.

After all, Attitude Matters!



**Anish Khadamkar**  
**VIII B**

# 10 MAGAZINE

S. B. PATIL PUBLIC SCHOOL NEWS

ENDEAVOUR



## Meditation For Everyone



Advancement in science and technology has provided us with inventions and discoveries that have led to a comfortable lifestyle for all. Also, for our physical wellbeing, it has provided a cure for many diseases and ailments, yet we are not at peace. People try different ways to escape the pains and disappointments of life. All these means of escape give some temporary happiness, but they are not a lasting cure to so many such ailments. How can we attain peace and permanent happiness? Saints and mystics teach us that true happiness and peace lie within us. They teach a simple method of concentration, also known as meditation.

Following are the Benefits of Meditation-

1. It helps us to increase our power of concentration and efficiency.
2. Meditation gives us access to an infinite source of wisdom.
3. It helps us to develop spiritually.
4. It helps us physically. It puts us into a relaxed state.
5. Many doctors and specialists prescribe meditation in the treatment of stress-related illnesses like heart and lung diseases, breathing difficulties, migraine headaches problems.
6. We connect with the divine power and experience happiness and inner peace. As we enter the inner self, our problems begin to disappear.

Meditation does not eliminate life's entire problems, but it allows us to view them from a new perspective. It contributes to outer peace in the world. The fragrance of love and peace spreads to our families and friends, our communities, our countries, and the world. By practicing meditation we can help this planet to become a better place for the future generations to come.



**Mrs. Sujata Bhoite**  
Teacher

## Rules For Healthy Living

- Less Soda - More Water
- Less Sugar - More Fruits
- Less Meat - More Vegetables
- Less Driving - More Walking
- Less Worry - More Sleep
- Less Anger - More Laughter
- Less Words - More Action



**Rama Shetty**  
Teacher Jr. Kg

## Pre-Primary Activities



Pre-Primary  
Anushka Dighe

Pre-Primary  
Arnav Patil

Sr.Kg - Sun  
Mayank Dhamale

Sr.Kg - Air  
Prasad

Sr.Kg - Air  
Rishikesh

Sr.Kg - Sun  
Vidisha Soni



**Jr. Kg Sunflower Pyramid Making**



**Jr. Kg. Sunflower**

**Janamashtami in Pre-Primary**

**Jr.Kg Peacock**

**Sr.Kg Earth Ball Game**

# 11 EVENTS & ACTIVITIES

S. B. PATIL PUBLIC SCHOOL NEWS

ENDEAVOUR



Blanket Stitch Embroidery - Class VIII



Jewellery Making with Silk Threads - Class VI



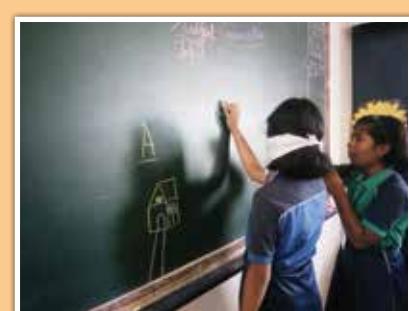
Macrame Work Ganesha - Class VII



Needle Work Class V



Smocking Work Class VI



Blindfold Activity of Instructions in Conversation class - Class VI



Categorization of Books Activity in Literary Club



FIDE Winner Anvi Khandelwal -2<sup>nd</sup> Rank



Figurines with self made air dry clay - Class V



Fire Safety Drill



Hindi book reading month in library - Class IV



Hindi Diwas Celebration



Inter-School Basketball Match - Class VII and VIII



Making a Mobile Charging Pouch - Class V



Rakhi Making - Class V



Sanskrit Diwas Celebration



Scribido Campus Futsal Championship 2017



Eco Friendly Ganeshas by Eco Club Students



Making Bags with T-Shirts in Eco Club



Scribido Campus 'Woof A Smile' Event



Tie and Dye - Class VII

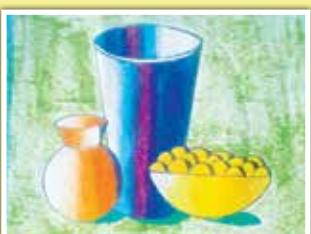
# 12 ART & FUN CORNER

S. B. PATIL PUBLIC SCHOOL NEWS

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Aarya P. Nimbalkar VII B



Aditi Karkar IV A



Arya B IV D



Rutuja Gokhle V A



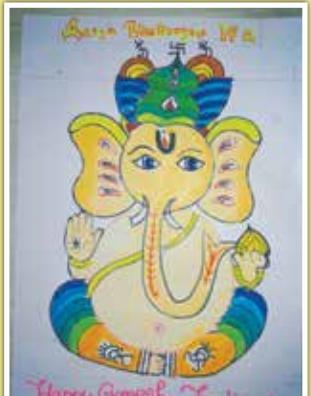
Anish Khadamkar VIII A



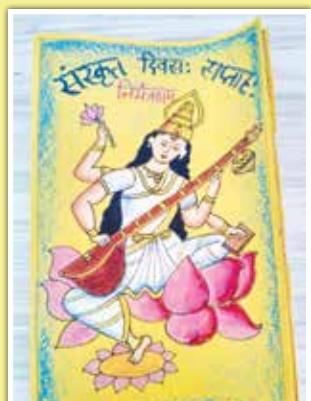
Trushna D VII B



Aditi A P IV C



Anaya Bhatnagar IV A



Sanskrit Diwas Celebration Card



Siya Yerpure VII A



Rujuta IV A

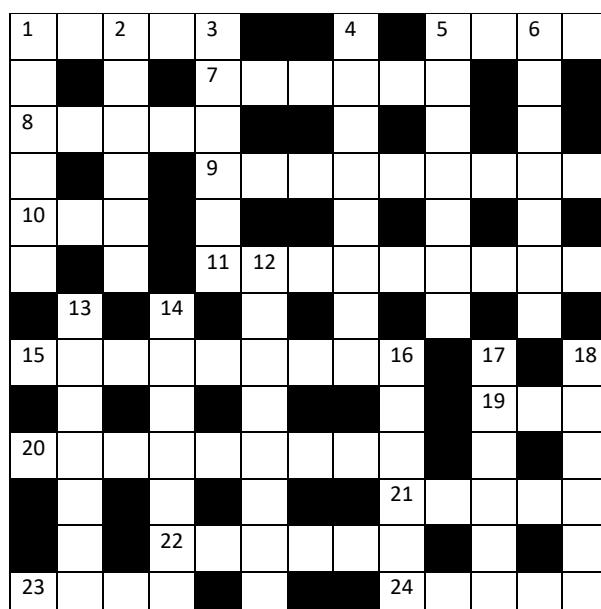


Tanishka Dhawale V B

## History - All about Rome - By Vedant Salokhe VII A



## Crossword

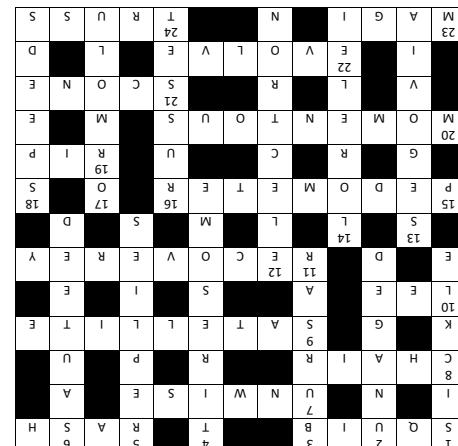


### Across

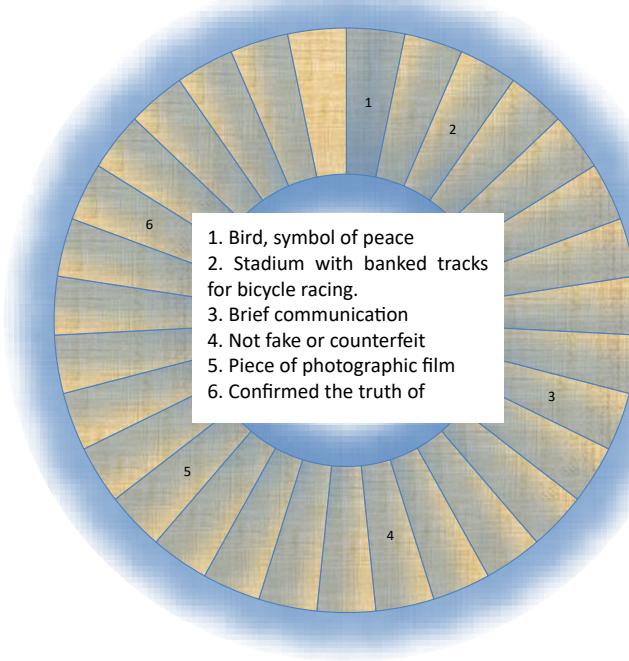
- Type of firework(5)
- Red eruption of the skin(4)
- Foolish(6)
- Position of professor(5)
- Celestial body orbiting another(9)
- US general(3)
- Convalesced(9)
- Instrument for recording steps taken(9)
- Tear apart(3)
- Of great significance(9)
- Tea time sweet bread roll(5)
- Develop
- Wise Men
- Tie the limbs of a bird before cooking(5)

### Down

- Reaping hook(6)
- Not affected by time(6)
- Treasurer at a college or university(6)
- Boring(8)
- Gives an answer
- Fried quickly in a little fat
- Elementary particle with a negative charge
- Spanish classical guitarist. Andres \_\_\_ (1893-1987)(7)
- Siren of German legend(7)
- Brown with a reddish tinge(6)
- Brass, like gold, used to decorate furniture(6)
- Rates of travel(6)



- Bird, symbol of peace
- Stadium with banked tracks for bicycle racing.
- Brief communication
- Not fake or counterfeit
- Piece of photographic film
- Confirmed the truth of



- Dove
- Velodrome
- Messagge
- Genuine
- Negative
- Verified

Answers: